

# Practice Trombone for Beginners - Warmup #1

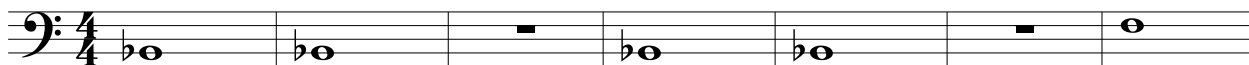
Rick Lawrence

F

Notes

Bb

Trombone



Position

1st

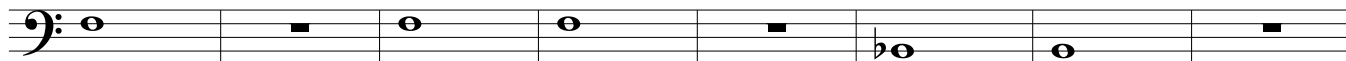
1st

8

F

Bb

Tbn.



1st

1st

1st

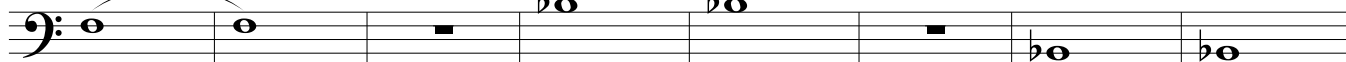
16

F

Bb

Bb

Tbn.



1st

1st

1st

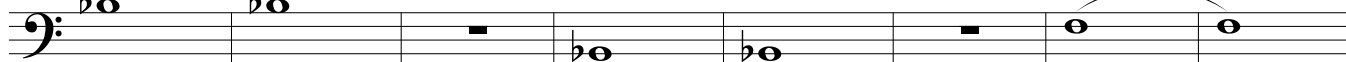
24

Bb

Bb

F

Tbn.



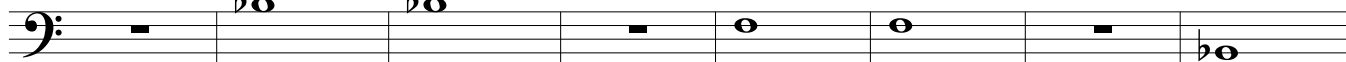
1st

1st

1st

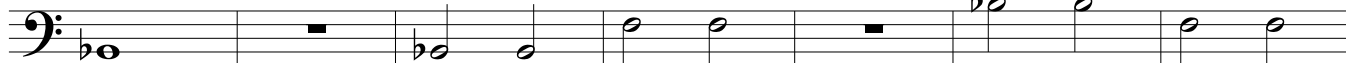
32

Tbn.



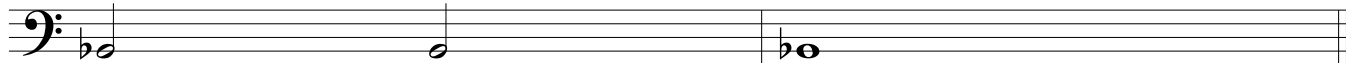
40

Tbn.



47

Tbn.



Warmup #1 uses just 3 notes. Bb F and lower Bb. Practice this exercise slowly. Try to play two measures in one breath. If you are using a metronome, set it at 96 bpm.