

# Counting Exercises for Trombone Beginners

The Trombone Mentor

**#1** Whole Notes      Half Notes      Quarter Notes

Count 1-2-3-4    1-2-3-4    1-2 3-4    1-2 3-4    1 2 3 4    1 2 3 4

7 Whole Rests      Half Rests      Quarter Rests      Whole Rest

1-2-3-4    1-2-3-4    1-2 3-4    1-2 3-4    1 2 3 4    1 2 3 4    1-2-3-4

14 Count and Clap

**#2**

1-2-3-4    1-2 3-4    1-2 3-4    1 2 3-4    1-2 3 4    1-2 3-4    1-2-3-4

21 Count and Clap

**#3**

1 2 3-4    1-2 3 4    1-2 3 4    1 2 3 4    1 2 3 4    1 2-3 4

27 Eighth Notes

Eighth Rests

**#4**

1 + 2 +    1 + 2 +    1 + 2 +    1 + 2 +    1 + 2    1 + 2 +    1 + 2 +    1-2    1 + 2 +

36 Mixed Notes and Rests

**#5**

Count and Clap 1-2-3-4    1-2 3-4    1 2-3 4    1 2-3 4    1 + 2 3 + 4    1-2 3 + 4 +

42

1 + 2 3 4    1 + 2 + 3-4    1-2 3 + 4 +    1 2 3-4    1 2 + 3 4    1-2 3 + 4

48

1    2 +    3 - 4    1 +    2 +    3 - 4    1-2-3-4